

**Alan Stevenson Award – Sponsored by Canadian Mental Health Association.**

This award recognizes an individual who has helped promote the mental well-being of others in their community. The successful candidate will have encouraged those with mental health issues to come forward and seek professional treatment and support, or provided leadership to efforts to remove the stigma and secrecy about mental health. Essay should highlight examples of volunteer work in their school and community.

**Bellavance Family Award – Sponsored by Richard & Becky Bellavance.**

This award recognizes an individual who has experienced significant mental health issues and has or is currently receiving professional treatment and support. Essay must include challenges faced, and their plans to overcome them. The candidate should articulate their commitment to volunteer work and service to others, and point out challenges. The successful candidate will be a student pursuing post-secondary education who has given back to their community.

**Elaine McMurray Memorial Award – Sponsored by Jim McMurray.**

This award recognizes an individual who volunteers in the community, practices the YMCA values of caring, honesty, respect, responsibility and inclusiveness; takes initiative in the service of others and mentoring of others, and who has successfully addressed personal challenges. Essay must include commitment to details of volunteer work and service to others and point out challenges that have been overcome. The successful candidate will be an outstanding student pursuing post-secondary education who may require financial assistance.

**Thelma McMurray Award – Sponsored by Jim McMurray.**

This award recognizes an individual who demonstrates determination to make a better life for themselves by diligently committing to academic achievement, while overcoming obstacles in life. Special consideration will be given to the candidate who has taken leadership initiatives in their school or community and shared their talents with others. Essay must include challenges faced, talents shared, and any leadership initiatives. The successful candidate will be an outstanding student who is pursuing post-secondary education and who may need financial assistance.

**YMCA Core Values Award – Sponsored by YMCA of Southwestern Ontario.**

This award recognizes an individual who encompasses the Y Core Values (Caring, Honesty, Respect, Responsibility and Inclusiveness) into their daily lives. Recipient must be a YMCA employee or volunteer, or a family member of a YMCA employee or volunteer. Essay must include why and how the YMCA Core Values are a significant part of their lives.