

Stoney Creek Community Centre, YMCA & Library | July 1st - July 7th

I	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Lane Swim		6:15AM-11:45AM (Lane Swim)	6:15AM-11:45AM (Lane Swim)	6:15AM-11:45AM (Lane Swim)	6:15AM-11:45AM (Lane Swim)	8:15AM-9:00AM (Lane Swim)	8:15AM-12:45PM (Lane Swim)
<u>Drop-in Program</u>		7:15PM-9:30PM (Lane Swim)	1:00PM-3:00PM (Lane Swim)	7:15PM-9:30PM (Lane Swim)	1:00PM-3:00PM (Lane Swim)	1:00PM-2:00PM (Lane Swim)	1:00PM-2:00PM (Lane Swim)
			7:15PM-9:30PM (Lane Swim)			1:00PM-2:00PM (Lane Swim)	
Water Walking		10:00AM-10:45AM (Aquatic Fitness)		10:00AM-10:45AM (Aquatic Fitness)			
Open Swim		11:00AM-11:45AM (Rec Swim)	11:00AM-11:45AM (Rec Swim)	11:00AM-11:45AM (Rec Swim)	11:00AM-11:45AM (Rec Swim)	8:15AM-11:45AM (Rec Swim)	8:15AM-12:45PM (Rec Swim)
<u>Drop-in Program</u>		7:15PM-8:30PM (Rec Swim)	7:15PM-8:30PM (Rec Swim)	7:15PM-8:30PM (Rec Swim)	(Rec Swill)	9:00AM-11:45AM (Rec Swim)	8:15AM-12:45PM (Rec Swim)
		7:15PM-8:30PM (Rec Swim)	7:15PM-8:30PM (Rec Swim)	7:15PM-8:30PM (Rec Swim)		1:00PM-2:00PM (Rec Swim)	1:00PM-2:00PM (Rec Swim)
						1:00PM-2:00PM (Rec Swim)	1:00PM-2:00PM (Rec Swim)
Parent and Tot 1/2/3 Sign Up		11:00AM-11:30AM (Parent and Tot Swim Lessons (0-3))	4:30PM-5:00PM (Parent and Tot Swim Lessons (0-3))	5:40PM-6:10PM (Parent and Tot Swim Lessons (0-3))	11:00AM-11:30AM (Parent and Tot Swim Lessons (0-3))		
<u>Sign Op</u>		4:30PM-5:00PM (Parent and Tot Swim Lessons (0-3))	26330113 (0-3))	E0330113 (0-3))	26330113 (0-3/)		
		5:40PM-6:10PM (Parent and Tot Swim Lessons (0-3))					
Aquafit		12:00PM-12:45PM (Aquatic Fitness)	12:00PM-12:45PM (Aquatic Fitness)	12:00PM-12:45PM (Aquatic Fitness)	12:00PM-12:45PM (Aquatic Fitness)	12:00PM-12:45PM (Aquatic Fitness)	
<u>Drop-in Program</u>							
swimmer 2		4:30PM-5:00PM (Swim Lessons (6-13))					
Sign Up							

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Swimmer 1		4:30PM-5:00PM (Swim Lessons (6-13))	5:05PM-5:35PM (Swim Lessons (6-13))	4:30PM-5:00PM (Swim Lessons (6-13))			
Sign Up		5:05PM-5:35PM (Swim Lessons (6-13))	5:40PM-6:10PM (Swim Lessons (6-13))	5:05PM-5:35PM (Swim Lessons (6-13))			
		6:30PM-7:00PM (Swim Lessons (6-13))		5:40PM-6:10PM (Swim Lessons (6-13))			
				6:15PM-6:45PM (Swim Lessons (6-13))			
Preschool 3		4:30PM-5:00PM (Swim Lessons (3-5))	5:40PM-6:10PM (Swim Lessons (3-5))	4:30PM-5:00PM (Swim Lessons (3-5))			
<u>Sign Up</u>		6:15PM-6:45PM (Swim Lessons (3-5))					
Preschool 1		4:30PM-5:00PM (Swim Lessons (3-5))	5:05PM-5:35PM (Swim Lessons (3-5))	4:30PM-5:00PM (Swim Lessons (3-5))			
Sign Up		5:40PM-6:10PM (Swim Lessons (3-5))	5:20PM-5:50PM (Swim Lessons (3-5))	5:05PM-5:35PM (Swim Lessons (3-5))			
		5:55PM-6:25PM (Swim Lessons (3-5))		5:40PM-6:10PM (Swim Lessons (3-5))			
		6:15PM-6:45PM (Swim Lessons (3-5))		6:15PM-6:45PM (Swim Lessons (3-5))			
Swimmer 5		4:30PM-5:15PM (Swim Lessons (6-13))	4:30PM-5:15PM (Swim Lessons (6-13))	4:30PM-5:15PM (Swim Lessons (6-13))			
Sign Up							
Swimmer 4		4:30PM-5:00PM (Swim Lessons (6-13))	4:30PM-5:00PM (Swim Lessons (6-13))	4:30PM-5:00PM (Swim Lessons (6-13))			
Sign Up			6:15PM-6:45PM (Swim Lessons (6-13))	5:05PM-5:35PM (Swim Lessons (6-13))			
Swimmer 6/7		4:30PM-5:15PM (Swim Lessons (6-13))		6:15PM-7:00PM (Swim Lessons (6-13))			
Sign Up		6:15PM-7:00PM (Swim Lessons (6-13))		(Swiii Lessons (0-13))			
preschool 1		5:05PM-5:35PM (Swim Lessons (3-5))					
Sign Up							
Preschool 2		5:05PM-5:35PM (Swim Lessons (3-5))		5:05PM-5:35PM (Swim Lessons (3-5))			
Sign Up				5:40PM-6:10PM (Swim Lessons (3-5))			
				6:15PM-6:45PM (Swim Lessons (3-5))			

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Swimmer 3		5:05PM-5:35PM (Swim Lessons (6-13))	5:05PM-5:35PM (Swim Lessons (6-13))	4:30PM-5:00PM (Swim Lessons (6-13))			
Sign Up			5:40PM-6:10PM (Swim Lessons (6-13))	5:40PM-6:10PM (Swim Lessons (6-13))			
			6:30PM-7:00PM (Swim Lessons (6-13))	6:30PM-7:00PM (Swim Lessons (6-13))			
Preschool 4/5		5:05PM-5:35PM (Swim Lessons (3-5))	4:30PM-5:00PM (Swim Lessons (3-5))	5:05PM-5:35PM (Swim Lessons (3-5))			
Sign Up		6:15PM-6:45PM (Swim Lessons (3-5))	5:55PM-6:25PM (Swim Lessons (3-5))	5:40PM-6:10PM (Swim Lessons (3-5))			
Swimmer 2		5:05PM-5:35PM (Swim Lessons (6-13))	5:40PM-6:10PM (Swim Lessons (6-13))	4:30PM-5:00PM (Swim Lessons (6-13))			
Sign Up		5:20PM-5:50PM (Swim Lessons (6-13))	6:15PM-6:45PM (Swim Lessons (6-13))	5:05PM-5:35PM (Swim Lessons (6-13))			
		5:40PM-6:10PM (Swim Lessons (6-13))		5:20PM-5:50PM (Swim Lessons (6-13))			
		5:40PM-6:10PM (Swim Lessons (6-13))		5:40PM-6:10PM (Swim Lessons (6-13))			
		6:30PM-7:00PM (Swim Lessons (6-13))		6:15PM-6:45PM (Swim Lessons (6-13))			
Junior Lifeguard Club (age 10-12)		5:20PM-6:05PM (Junior Lifeguard Club)	4:30PM-5:15PM (Junior Lifeguard Club)				
Sign Up							
swimmer 1		5:40PM-6:10PM					
Sign Up		(Swim Lessons (6-13))					
Swimmer 8/9		5:40PM-6:25PM (Swim Lessons (6-13))	6:15PM-7:00PM (Swim Lessons (6-13))	6:15PM-6:45PM (Swim Lessons (6-13))			
Sign Up							
Junior Lifeguard Club (age 13-16)		6:10PM-6:55PM (Junior Lifeguard Club)	5:20PM-6:05PM (Junior Lifeguard Club)				
Sign Up							
swimmer 4		6:15PM-6:45PM (Swim Lessons (6-13))					
Sign Up							
Aquafit Shallow			9:15AM-10:00AM (Aquatic Fitness)				
<u>Drop-in Program</u>							

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Adult 1/2/3			5:05PM-5:35PM (Swim Lessons (18+))	5:05PM-5:35PM (Swim Lessons (18+))			
<u>Sign Up</u>			6:10PM-6:40PM (Swim Lessons (18+))	5:55PM-6:25PM (Swim Lessons (18+))			
Teen 1/2/3			6:15PM-6:45PM (Swim Lessons (13-17))	6:15PM-6:45PM (Swim Lessons (13-17))			
Sign Up			(5Will E033013 (13 17))	(5WIII EC330113 (13 17))			
Open Swim (2 feet)						1:00PM-2:00PM (Rec Swim)	
<u>Drop-in Program</u>						(Nec Swiiii)	