

## StarTech.com Community Centre, YMCA, & Library | March 24th - March 30th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Lane Swim	6:00AM-7:45AM (Lane Swim)	6:00AM-7:45AM (Lane Swim)	6:00AM-7:45AM (Lane Swim)	6:00AM-7:45AM (Lane Swim)	6:00AM-7:45AM (Lane Swim)	8:00AM-9:15AM (Lane Swim)	2:15PM-4:30PM (Lane Swim)
<u>Drop-in Program</u>	11:00AM-4:15PM (Lane Swim)	11:00AM-4:15PM (Lane Swim)	10:00AM-4:15PM (Lane Swim)	10:00AM-2:45PM (Lane Swim)	11:00AM-4:15PM (Lane Swim)	2:15PM-4:30PM (Lane Swim)	
	7:15PM-9:30PM (Lane Swim)	7:15PM-9:30PM (Lane Swim)	7:15PM-9:30PM (Lane Swim)	7:15PM-9:30PM (Lane Swim)	7:15PM-8:00PM (Lane Swim)		
Aquafit	8:00AM-8:45AM (Aquatic Fitness)	8:00AM-8:45AM (Aquatic Fitness)	8:00AM-8:45AM (Aquatic Fitness)	8:00AM-8:45AM (Aquatic Fitness)	8:00AM-8:45AM (Aquatic Fitness)		8:30AM-9:15AM (Aquatic Fitness)
<u>Drop-in Program</u>	9:00AM-9:45AM (Aquatic Fitness)	9:00AM-9:45AM (Aquatic Fitness)	9:00AM-9:45AM (Aquatic Fitness)	9:00AM-9:45AM (Aquatic Fitness)	9:00AM-9:45AM (Aquatic Fitness)		
	10:00AM-10:45AM (Aquatic Fitness)	10:00AM-10:45AM (Aquatic Fitness)					
Parent and Tot 1/2/3	10:05AM-10:35AM (Parent and Tot Swim Lessons (0-3))	4:30PM-5:00PM (Parent and Tot Swim Lessons (0-3))	5:05PM-5:35PM (Parent and Tot Swim Lessons (0-3))		5:40PM-6:10PM (Parent and Tot Swim Lessons (0-3))	9:30AM-10:00AM (Parent and Tot Swim Lessons (0-3))	9:30AM-10:00AM (Parent and Tot Swim Lessons (0-3))
	4:30PM-5:00PM (Parent and Tot Swim Lessons (0-3))					10:40AM-11:10AM (Parent and Tot Swim Lessons (0-3))	10:05AM-10:35AM (Parent and Tot Swim Lessons (0-3))
	5:40PM-6:10PM (Parent and Tot Swim Lessons (0-3))						
Adult 1/2/3	10:45AM-11:30AM (Swim Lessons (18+))	4:30PM-5:15PM (Swim Lessons (18+))	5:05PM-5:50PM (Swim Lessons (18+))		10:45AM-11:30AM (Swim Lessons (18+))		11:15AM-12:00PM (Swim Lessons (18+))
<u>Sign Up</u>	4:30PM-5:15PM (Swim Lessons (18+))	5:05PM-5:50PM (Swim Lessons (18+))	5:55PM-6:40PM (Swim Lessons (18+))		6:15PM-7:00PM (Swim Lessons (18+))		
	5:05PM-5:50PM (Swim Lessons (18+))		6:15PM-7:00PM (Swim Lessons (18+))				
	5:55PM-6:40PM (Swim Lessons (18+))						
Family Swim	12:00PM-12:00PM (Rec Swim)	12:00PM-1:00PM (Rec Swim)	11:00AM-11:00AM (Rec Swim)	11:00AM-12:00PM (Rec Swim)		2:00PM-4:30PM (Rec Swim)	2:00PM-4:30PM (Rec Swim)
<u>Drop-in Program</u>	7:15PM-8:30PM (Rec Swim)						

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Preschool 3	4:30PM-5:00PM (Swim Lessons (3-5))	5:40PM-6:10PM (Swim Lessons (3-5))	4:30PM-5:00PM (Swim Lessons (3-5))	6:15PM-6:45PM (Swim Lessons (3-5))	4:30PM-5:00PM (Swim Lessons (3-5))		9:30AM-10:00AM (Swim Lessons (3-5))
<u>Sign Up</u>	6:15PM-6:45PM (Swim Lessons (3-5))	6:15PM-6:45PM (Swim Lessons (3-5))	5:40PM-6:10PM (Swim Lessons (3-5))		5:40PM-6:10PM (Swim Lessons (3-5))		
			6:15PM-6:45PM (Swim Lessons (3-5))		6:15PM-6:45PM (Swim Lessons (3-5))		
Swimmer 1	4:30PM-5:00PM (Swim Lessons (6-13))	5:05PM-5:35PM (Swim Lessons (6-13))	4:30PM-5:00PM (Swim Lessons (6-13))		4:30PM-5:00PM (Swim Lessons (6-13))	10:40AM-11:10AM (Swim Lessons (6-13))	9:30AM-10:00AM (Swim Lessons (6-13))
<u>iign Up</u>	5:20PM-5:50PM (Swim Lessons (6-13))	6:15PM-6:45PM (Swim Lessons (6-13))	5:05PM-5:35PM (Swim Lessons (6-13))		5:05PM-5:35PM (Swim Lessons (6-13))	11:15AM-11:45AM (Swim Lessons (6-13))	9:30AM-10:00AM (Swim Lessons (6-13))
	5:40PM-6:10PM (Swim Lessons (6-13))		5:40PM-6:10PM (Swim Lessons (6-13))		5:40PM-6:10PM (Swim Lessons (6-13))	11:30AM-12:00PM (Swim Lessons (6-13))	10:40AM-11:10AM (Swim Lessons (6-13))
	5:55PM-6:25PM (Swim Lessons (6-13))		6:15PM-6:45PM (Swim Lessons (6-13))		5:55PM-6:25PM (Swim Lessons (6-13))		11:15AM-11:45AM (Swim Lessons (6-13))
	6:30PM-7:00PM (Swim Lessons (6-13))		6:15PM-6:45PM (Swim Lessons (6-13))				
	6:45PM-7:15PM (Swim Lessons (6-13))						
Preschool 2	4:30PM-5:00PM (Swim Lessons (3-5))	4:30PM-5:00PM (Swim Lessons (3-5))	5:05PM-5:35PM (Swim Lessons (3-5))	5:05PM-5:35PM (Swim Lessons (3-5))	5:05PM-5:35PM (Swim Lessons (3-5))	9:30AM-10:00AM (Swim Lessons (3-5))	9:30AM-10:00AM (Swim Lessons (3-5))
<u>Sign Up</u>	5:05PM-5:35PM (Swim Lessons (3-5))	5:40PM-6:10PM (Swim Lessons (3-5))	6:15PM-6:45PM (Swim Lessons (3-5))			10:05AM-10:35AM (Swim Lessons (3-5))	10:05AM-10:35AM (Swim Lessons (3-5))
	5:55PM-6:25PM (Swim Lessons (3-5))					10:55AM-11:25AM (Swim Lessons (3-5))	10:40AM-11:10AM (Swim Lessons (3-5))
						11:15AM-11:45AM (Swim Lessons (3-5))	11:30AM-12:00PM (Swim Lessons (3-5))
Swimmer 3	4:30PM-5:00PM (Swim Lessons (6-13))	4:30PM-5:00PM (Swim Lessons (6-13))	4:30PM-5:00PM (Swim Lessons (6-13))		4:30PM-5:00PM (Swim Lessons (6-13))	10:55AM-11:25AM (Swim Lessons (6-13))	10:05AM-10:35AM (Swim Lessons (6-13))
<u>Sign Up</u>	6:15PM-6:45PM (Swim Lessons (6-13))	5:05PM-5:35PM (Swim Lessons (6-13))	5:05PM-5:35PM (Swim Lessons (6-13))		5:05PM-5:35PM (Swim Lessons (6-13))		10:55AM-11:25AM (Swim Lessons (6-13))
			5:40PM-6:10PM (Swim Lessons (6-13))		5:55PM-6:25PM (Swim Lessons (6-13))		11:15AM-11:45AM (Swim Lessons (6-13))
			6:15PM-6:45PM (Swim Lessons (6-13))		6:30PM-7:00PM (Swim Lessons (6-13))		
Swimmer 7/8	4:30PM-5:15PM (Swim Lessons (6-13))				6:15PM-7:00PM (Swim Lessons (6-13))		10:40AM-11:25AM (Swim Lessons (6-13))
<u>Sign Up</u>	6:15PM-7:00PM (Swim Lessons (6-13))						

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Swimmer 5/6	4:30PM-5:15PM (Swim Lessons (6-13))	5:55PM-6:40PM (Swim Lessons (6-13))			5:05PM-5:50PM (Swim Lessons (6-13))	10:05AM-10:50AM (Swim Lessons (6-13))	
<u>sign Up</u>	5:05PM-5:50PM (Swim Lessons (6-13))						
	6:15PM-7:00PM (Swim Lessons (6-13))						
Swimmer 2	5:05PM-5:35PM (Swim Lessons (6-13))		4:30PM-5:00PM (Swim Lessons (6-13))		4:30PM-5:00PM (Swim Lessons (3-5))	9:30AM-10:00AM (Swim Lessons (6-13))	10:40AM-11:10AM (Swim Lessons (6-13))
<u>Sign Up</u>	6:30PM-7:00PM (Swim Lessons (6-13))		5:05PM-5:35PM (Swim Lessons (6-13))		4:30PM-5:00PM (Swim Lessons (6-13))	11:15AM-11:45AM (Swim Lessons (6-13))	11:15AM-11:45AM (Swim Lessons (6-13))
	6:45PM-7:15PM (Swim Lessons (6-13))		5:20PM-5:50PM (Swim Lessons (6-13))		5:40PM-6:10PM (Swim Lessons (6-13))	11:30AM-12:00PM (Swim Lessons (6-13))	
			5:40PM-6:10PM (Swim Lessons (6-13))		6:30PM-7:00PM (Swim Lessons (6-13))		
			6:15PM-6:45PM (Swim Lessons (6-13))				
Preschool 4/5	5:05PM-5:35PM (Swim Lessons (3-5))	6:30PM-7:00PM (Swim Lessons (3-5))	5:05PM-5:35PM (Swim Lessons (3-5))		4:30PM-5:00PM (Swim Lessons (3-5))	10:40AM-11:10AM (Swim Lessons (3-5))	10:40AM-11:10AM (Swim Lessons (3-5))
<u>Sign Up</u>	5:40PM-6:10PM (Swim Lessons (3-5))		5:05PM-5:35PM (Swim Lessons (3-5))		4:30PM-5:00PM (Swim Lessons (3-5))		11:15AM-11:45AM (Swim Lessons (3-5))
					5:05PM-5:35PM (Swim Lessons (3-5))		
					5:40PM-6:10PM (Swim Lessons (3-5))		
Swimmer 4	5:05PM-5:35PM (Swim Lessons (6-13))	4:30PM-5:00PM (Swim Lessons (6-13))	4:30PM-5:00PM (Swim Lessons (6-13))		4:30PM-5:00PM (Swim Lessons (6-13))		9:30AM-10:00AM (Swim Lessons (6-13))
<u>Sign Up</u>	5:20PM-5:50PM (Swim Lessons (6-13))		5:05PM-5:35PM (Swim Lessons (6-13))		5:05PM-5:35PM (Swim Lessons (6-13))		10:20AM-10:50AM (Swim Lessons (6-13))
			5:40PM-6:10PM (Swim Lessons (6-13))		5:20PM-5:50PM (Swim Lessons (6-13))		
			6:30PM-7:00PM (Swim Lessons (6-13))		5:40PM-6:10PM (Swim Lessons (6-13))		
					6:15PM-6:45PM (Swim Lessons (6-13))		
Swimmer 8/9	5:55PM-6:40PM (Swim Lessons (6-13))		4:30PM-5:15PM (Swim Lessons (6-13))			9:30AM-10:15AM (Swim Lessons (6-13))	9:30AM-10:15AM (Swim Lessons (6-13))
<u>Sign Up</u>							(**************************************

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Preschool 1	6:15PM-6:45PM (Swim Lessons (3-5))	5:05PM-5:35PM (Swim Lessons (3-5))	4:30PM-5:00PM (Swim Lessons (3-5))	4:30PM-5:00PM (Swim Lessons (3-5))	10:05AM-10:35AM (Swim Lessons (3-5))	9:30AM-10:00AM (Swim Lessons (3-5))	10:05AM-10:35AM (Swim Lessons (3-5))
<u>Sign Up</u>			4:30PM-5:00PM (Swim Lessons (3-5))	5:40PM-6:10PM (Swim Lessons (3-5))	5:05PM-5:35PM (Swim Lessons (3-5))	10:05AM-10:35AM (Swim Lessons (3-5))	10:40AM-11:10AM (Swim Lessons (3-5))
			5:40PM-6:10PM (Swim Lessons (3-5))		5:40PM-6:10PM (Swim Lessons (3-5))		11:15AM-11:45AM (Swim Lessons (3-5))
					6:15PM-6:45PM (Swim Lessons (3-5))		
Open Swim	7:15PM-8:30PM (Rec Swim)	7:15PM-8:30PM (Rec Swim)	7:15PM-8:30PM (Rec Swim)	7:15PM-8:30PM (Rec Swim)	7:15PM-8:00PM (Rec Swim)	12:00PM-2:00PM (Rec Swim)	2:00PM-2:00PM (Rec Swim)
Drop-in Program							(nee Swint)
Teen 1/2/3			6:15PM-7:00PM (Swim Lessons (13-17))		4:30PM-5:15PM (Swim Lessons (13-17))	10:40AM-11:25AM (Swim Lessons (13-17))	
<u>Sign Up</u>					6:15PM-7:00PM (Swim Lessons (13-17))		
Y Torpedoes (age 6-9)				4:30PM-5:15PM (Y Torpedoes)			9:30AM-10:20AM (Y Torpedoes)
<u>Sign Up</u>				4:30PM-5:15PM (Y Torpedoes)			
Junior Lifeguard Club (age 10-12)				4:30PM-5:30PM (Junior Lifeguard Club)			
<u>Sign Up</u>							
Y Torpedoes (age 10-12)				5:20PM-6:05PM (Y Torpedoes)			10:25AM-11:10AM (Y Torpedoes)
<u>Sign Up</u>				5:20PM-6:05PM (Y Torpedoes)			
Junior Lifeguard Club (age 13-16)				5:35PM-6:35PM (Junior Lifeguard Club)			
Sign Up							
Y Torpedoes (age 13-16)				6:10PM-6:55PM (Y Torpedoes)			11:15AM-12:00PM (Y Torpedoes)
<u>Sign Up</u>				6:10PM-6:55PM (Y Torpedoes)			
Aquafit Deep					10:00AM-10:45AM (Aquatic Fitness)		
Drop-in Program					(Aqualic Filless)		
Swim-Able					11:35AM-12:05PM		10:05AM-10:35AM
Sign Up					(Swim-Able)		(Swim-Able)

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
swimmer 4						10:20AM-10:50AM (Swim Lessons (6-13))	
<u>Sign Up</u>						(Swiff Lessons (0-15))	