

Centre Branch YMCA | November 18th - November 24th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Lane Swim	7:15AM-12:45PM (Lane Swim)	7:15AM-12:45PM (Lane Swim)	7:15AM-12:45PM (Lane Swim)	7:15AM-12:45PM (Lane Swim)	7:15AM-12:45PM (Lane Swim)	8:15AM-9:15AM (Lane Swim)	8:15AM-1:30PM (Lane Swim)
<u>Drop-in Program</u>	4:00PM-5:00PM (Lane Swim)	4:00PM-5:00PM (Lane Swim)	7:00PM-8:00PM (Lane Swim)			12:00PM-1:30PM (Lane Swim)	
Adult Swim	7:15AM-9:45AM (Rec Swim)	7:15AM-11:45AM (Rec Swim)	7:15AM-11:45AM (Rec Swim)	7:15AM-9:45AM (Rec Swim)	7:15AM-9:45AM (Rec Swim)		
<u>Drop-in Program</u>	11:00AM-11:45AM (Rec Swim)	(,	(**************************************	10:00AM-10:45AM (Rec Swim)	11:00AM-11:45AM (Rec Swim)		
				12:15PM-12:45PM (Rec Swim)			
				4:00PM-8:00PM (Rec Swim)			
Aquafit	10:00AM-10:45AM (Aquatic Fitness)	12:00PM-12:45PM (Aquatic Fitness)	12:00PM-12:45PM (Aquatic Fitness)	9:00AM-9:45AM (Aquatic Fitness)	10:15AM-11:00AM (Aguatic Fitness)		10:00AM-10:45AM (Aquatic Fitness)
<u>Drop-in Program</u>	(4-23.2 : 13.23)	(, , , , , , , , , , , , , , , , , , ,	(4,122.0)	5:30PM-6:15PM (Aquatic Fitness)	(4		(, , , , , , , , , , , , , , , , , , ,
Open Swim	4:00PM-5:00PM (Rec Swim)	4:00PM-5:00PM (Rec Swim)	7:00PM-8:00PM (Rec Swim)	4:00PM-8:00PM (Rec Swim)	11:45AM-12:45PM (Rec Swim)	12:00PM-1:30PM (Rec Swim)	9:15AM-9:45AM (Rec Swim)
<u>Drop-in Program</u>							11:00AM-1:30PM (Rec Swim)
Glider/Diver	5:30PM-6:00PM (Swim Lessons (3-5))						
<u>Sign Up</u>	(5 2222 (5.27)						
Surfer/Jumper	5:30PM-6:00PM (Swim Lessons (3-5))						
Sign Up							
Otter/Seal	6:05PM-6:35PM (Swim Lessons (6-13))		4:30PM-5:00PM (Swim Lessons (6-13))			9:30AM-10:00AM (Swim Lessons (6-13))	
Sign Up			6:15PM-6:45PM (Swim Lessons (6-13))			10:40AM-11:10AM (Swim Lessons (6-13))	
						11:15AM-11:45AM (Swim Lessons (6-13))	
Parent and Tot 1/2/3	6:05PM-6:35PM (Parent and Tot Swim					10:05AM-10:35AM (Parent and Tot Swim	
Sign Up	Lessons (0-3))					Lessons (0-3))	

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Star 1/Star 2/Star 3	6:40PM-7:10PM (Swim Lessons (6-13))		5:05PM-5:35PM (Swim Lessons (6-13))			10:40AM-11:10AM (Swim Lessons (6-13))	
Oolphin/Swimmer	6:40PM-7:10PM (Swim Lessons (6-13))		4:30PM-5:00PM (Swim Lessons (6-13))			10:05AM-10:35AM (Swim Lessons (6-13))	
<u>ign Up</u>			6:15PM-6:45PM (Swim Lessons (6-13))				
Bronze Medallion & Emergency First Aid			5:00PM-9:00PM (Bronze Medallion & Emergency First Aid)			1:00PM-5:00PM (Bronze Medallion & Emergency First Aid)	
Registration Closed							
Star 4/Star 5/Star 6 Sign Up			5:05PM-5:35PM (Swim Lessons (6-13))			10:40AM-11:10AM (Swim Lessons (6-13))	
Aquafit Deep			5:30PM-6:15PM				
Orop-in Program			(Aquatic Fitness)				
Bobber/Floater			5:40PM-6:10PM (Swim Lessons (3-5))			9:30AM-10:00AM (Swim Lessons (3-5))	
<u>Sign Up</u>			(Swiiii Eessoiis (S-5))			11:15AM-11:45AM (Swim Lessons (3-5))	
Glider/Diver/Surfer/Jumper			5:40PM-6:10PM (Swim Lessons (3-5))			9:30AM-10:00AM (Swim Lessons (3-5))	
Sign Up			(SWIIII LESSUIIS (3-3))			10:05AM-10:35AM (Swim Lessons (3-5))	
National Lifeguard (NL)				5:00PM-9:00PM			
Registration Closed				(National Lifeguard (NL))			
SS Swim Instructor						9:00AM-1:00PM (LSS Swim Instructor)	
Registration Closed						(255 5WWW Wistington)	
Bronze Cross & Standard First Aid						1:00PM-6:00PM (Bronze Cross & Standard	
Registration Closed						First Aid)	